



Stefanie Poole

S P E A K E R & C O N S U L T A N T

about me

I have 20 plus years' experience with a diverse background in a variety of settings; clinical care, crisis assessment, education, consultancy, management and leadership roles within the public, community and non-for-profit sectors. I combine my professional and personal experience to offer a signature approach to my services.

portfolio

Stefanie Poole Speaker & Consultant

Specialising in mental health and addiction speaking engagements, consultation, training, education and support to families, professionals and organisations.

Mumma Bees & Co. Founder & Director

Global membership which provides birthing families access to education, resources, peer support, community, comradery and connection.
www.mummabeesandco.com

Kindred Clubhouse Inc. Founder & Manager

Kindred Clubhouse offers a free peer support model in the Frankston Mornington Peninsula region for people wanting to improve, or maintain, their mental health through friendships and purpose.
www.kindredclubhouse.org.au



507



3,029

services offered

Specialised mental health and addiction support to families, professionals and organisations

Professional consulting

Counselling for individuals and families

Speaking, workshops, training and facilitation



speaking topics

Mental health and wellness

Addiction treatment and recovery

Mental wellness planning

Mental fitness

Dual diagnosis (mental health and addiction)

Perinatal mental health

Birth, fourth trimester and parenthood

Building a lived experience workforce

How to drive change with collective impact

Lived experience in the healthcare field

Collaborative care for health professionals

Leadership and empowerment

contributions

Contributor: Peninsula Kids Magazine

Community Champion: PANDA (Perinatal Anxiety and Depression Australia)



qualifications

Master of Science in Mental Health Counselling (USA)
Bachelor of Science in Counselling Psychology (USA)
IPT-Level A Certified (Interpersonal Therapy)
Certificate IV Training and Assessment
Birth & Postpartum Doula



awards

Ausmumpreneur Awards
GOLD: National Award People's Choice-Making A
Difference (Not for Profit, Social Enterprise)
SILVER: Judged- National Award NFP and Charity
Organisations



contact details

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